

Malaysian Movement Control

Jan 13 (12.01am) to Jan 26*

1. Movement Control Order
2. Conditional Movement Control Order
3. Recovery Movement Control Order



::: MOVEMENT CONTROL ORDER (MCO) :::

STATES: Penang, Selangor, Kuala Lumpur, Putrajaya, Labuan, Melaka, Johor, and Sabah

DURATION: 14 days from Jan 13 (12.01am) to Jan 26

Restrictions:

- No interstate and interdistrict travels.
 - No social gatherings, such as weddings, wedding receptions, conferences, religious processions (including Thaipusam), meetings, seminars, courses, and group sport activities.
 - Roadblocks will be mounted; movements limited to 10km radius to people in a vehicle.
 - Only two people per household allowed to head out to purchase groceries at nearby supermarkets or grocery stores.
 - Only two people allowed per vehicle
 - Anyone who violates these rulings will be subjected to a maximum fine of RM1,000 under the Prevention and Control of Infectious Diseases Act 1988 (Act 342)
 - Only 5 essential economic sectors allowed to operate: manufacturing; construction; service; trade and distribution; and plantations and commodities.
 - Only 30 per cent of workers within a company's management group are allowed to go in to office; employers to determine number of employees permitted in office at any one time (taking into consideration standard operating procedures compliance)
 - Ensure total adherence to SOP, observe physical distancing at all times.
 - Non-essential services staff to work from home; employers must comply with this ruling.
 - Eateries and hawker stalls may operate but only take-aways allowed.
 - Food delivery serviced allowed.
 - Supermarkets, healthcare services (including clinics, hospitals and pharmacies), banks allowed to operate with strict SOP compliance: always wear masks ; use hand sanitisers frequently; observe physical distancing at all times.
 - Stay at home if there is no immediate or urgent need to head out.
- *STUDENTS:*** Candidates due to sit for SPM in 2020 and 2021 are allowed to attend school with strict SOP. Education Ministry will detail this SOP.
- *RELIGIOUS ACTIVITIES:*** Only a maximum of 5 mosque/houses of worship committee members allowed at these premises.
- *RECREATIONAL ACTIVITIES:***
- Outdoor recreational activities allowed among people within same household.
 - Individuals must keep 2m-distance at all times.
 - No more than 2 people allowed to jog at any one time.
 - Cycling not allowed in groups; only one person allowed.



::: CONDITIONAL MOVEMENT CONTROL ORDER (CMCO) :::

***STATES:* Pahang, Perak, Negri Sembilan, Kedah, Terengganu and Kelantan**

***DURATION:* 14 days from Jan 13 (12.01am) to Jan 26**

Restrictions:

•No interstate travels.

•No social gatherings, such as weddings, wedding receptions, conferences, religious processions (including Thaipusam), meetings, seminars, courses, and group sport activities.

RELIGIOUS ACTIVITIES: Allowed with the minimum number of attendees stipulated in the SOP to ensure physical distancing. State religious authorities are advised to provide appropriate guideline in determining the number of attendees allowed.

::: RECOVERY MOVEMENT CONTROL ORDER (RMCO) :::

***STATES:* Perlis and Sarawak**

***DURATIONS:* 14 days from Jan 13 (12.01am) to Jan 26**

Restrictions:

•No interstate travels. Social gatherings allowed, provided in full compliance of the standard operating procedures.

RELIGIOUS ACTIVITIES: Allowed with the minimum number of attendees stipulated in the SOP to ensure physical distancing. State religious authorities are advised to provide appropriate guideline in determining the number of attendees allowed.

ROADBLOCKS

•Effective Jan 13 (12.01am)

•Mounted at all district and state borders

